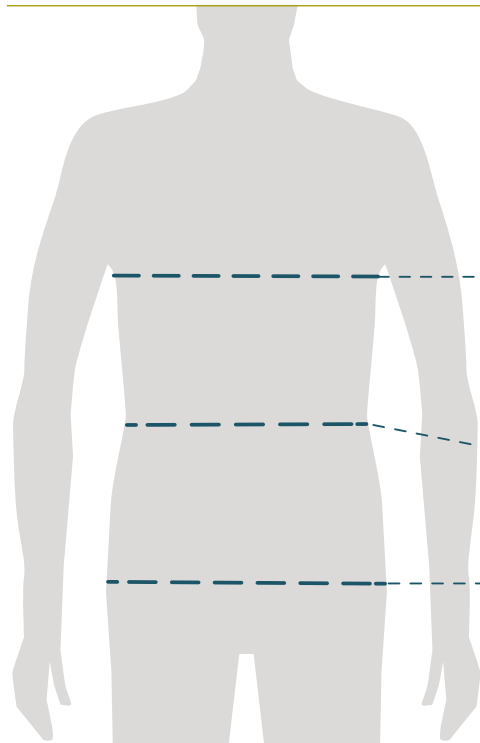


# Men's Body Size Charts for Normal, Petite and Tall Standard Sizes



Our standard sizes are based on body measurements we determined in accordance with the data of the most recent German measurement survey. For the perfect fit, find your individual standard size. It will take you only five minutes and all you need is a flexible tape measure. Stand up straight but relaxed, ideally only wearing your undergarments. Measure close to the body, because the numbers provided in the charts are referring to body measurements.



## MEN

### CHEST

Wrap the measuring tape around the fullest part of your chest and measure the chest circumference horizontally around your body. Try not to breathe deeply. Measure and compare your chest, waist and hip measurements.

### WAIST

Take the measurement around the smallest part of the torso without applying pressure.

### HIP

Measure horizontally around the fullest part of your hip.

## Men's Standard Sizes

How tall are you?

- 177 - 185 cm: Look at the chart for **standard sizes**
- Smaller than 177 cm: Look at the chart for **petite sizes**
- Taller than 170 cm: Look at the chart for **tall sizes**.

*When you get varying results comparing your body measurements to the charts, orient on the chest girth, as the waist and hip measurements may be altered. In our configurators, you have the possibility to adjust sizes individually.*

Measure and compare your chest, waist and hip girth.

Men's Standard Sizes According to Body Measurements for Heights from 177 to 185 cm									
Standard size:	44	46	48	50	52	54	56	58	60
Height:	177	178	179	180	181	182	183	184	185
Chest Girth:	86-89	90-93	94-97	98-101	102-105	106-109	110-113	114-117	118-121
Waist Girth:	72-75	76-79	80-84	85-89	90-94	95-99	100-103	104-108	109-113
Hip Girth:	92-95	95-98	99-102	103-106	107-110	111-114	115-118	119-121	122-124
Men's Petite Sizes According to Body Measurements for Heights under 177 cm									
	22	23	24	26	28	30	32	34	36
Based on standard size:	44	46	48	50	52	54	56	58	60
Height:	170	171	172	173	174	175	176	177	178
Chest Girth:	86-89	90-93	94-97	98-101	102-105	106-109	110-113	114-117	118-121
Waist Girth:	73-76	77-80	81-85	86-90	91-95	96-100	101-104	105-109	110-114
Hip Girth:	92-95	95-98	99-102	103-106	107-110	111-114	115-118	119-121	122-124
Men's Tall Sizes According to Body Measurements for Heights over 185 cm									
	86	90	94	98	102	106	110	114	118
Based on standard size:	44	46	48	50	52	54	56	58	60
Height:	185	186	187	188	189	190	191	192	193
Chest Girth:	86-89	90-93	94-97	98-101	102-105	106-109	110-113	114-117	118-121
Waist Girth:	72-75	76-79	80-83	84-88	89-93	94-98	99-102	103-107	108-112
Hip Girth:	92-95	95-98	99-102	103-106	107-110	111-114	115-118	119-121	122-124